OPEN WATER CLASSIC

ATHLETE GUIDE

A letter from the director

Dear Steelman Racing Athletes,

I am so happy you are racing in the Steelman Racing Open Water Classic! Please read the entire Open Water Classic Athlete Guide. If you have any questions regarding the content of this document, please contact the me directly at info@steelmanracing.com. I will have limited access to email after Friday night on race weekend. Steelman Racing staff will be on location at Tohickon Boat Launch during race weekend from Saturday morning until the completion of the race. **Race packet pick-up is Sunday, August 21st, race day morning.** All athlete numbers will be given out at Packet Pick-up. Please see the Open Water Classic Event Schedule for each event's specific pick-up time and start time on race day.

It will be an awesome day and thank you for racing with us!

Race hard,

Dave Michener
Steelman Racing Race Director
#steelmanready!

Athlete Guide Contents

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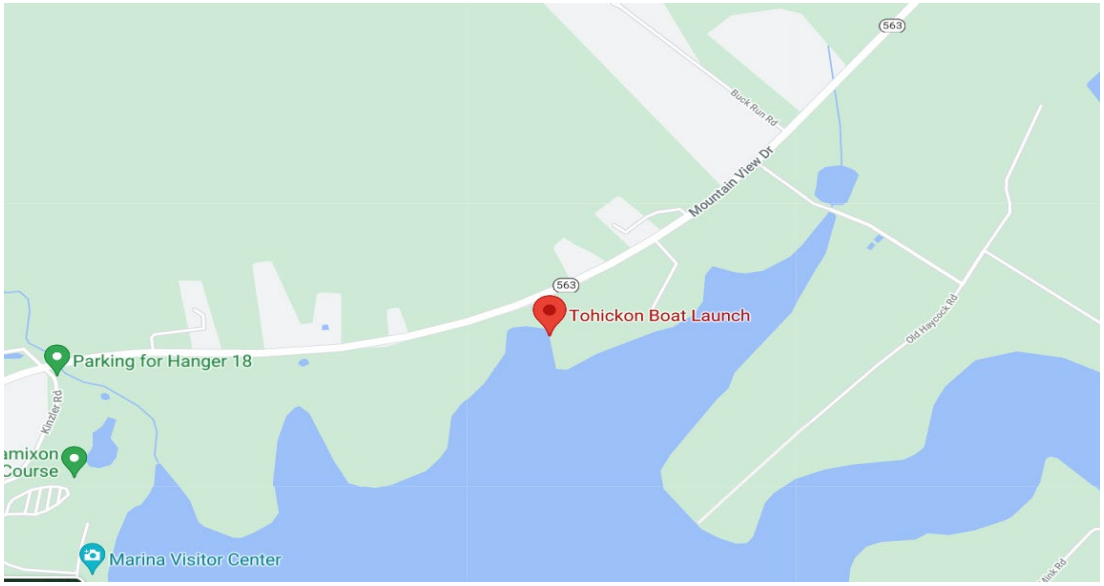
Event Information

Location:

- Tohickon Boat Launch, 1818-1898 Mountain View Dr, Quakertown, PA 18951



Parking

- **Please CARPOOL to the race!!!**
- There are approximately 350 parking spots at the Tohickon Boat Launch
- **There is NO parking on the grass anywhere at the Tohickon Boat Launch**
    - DCNR will be patrolling the area and will ticket cars parked on the grass

Hammer has been supplying athletes with natural products free of added sugars, artificial colors, flavors, chemicals, and preservatives for over 30 years. Visit their site to learn how to fuel smart, so come race day, you are ready to perform at your best!

https://www.hammernutrition.com/

Event Schedule

All race numbers will be assigned at Packet Pick-up on race day.

Distance	3 Mile	2 Mile	1 Mile
Swim Cap Color	Pink	Green	Yellow
Packet Pickup Time	6:00 AM	7:00 AM	8:00 AM
Bag Drop Time	6:30 AM	7:30 AM	8:30 AM
Start Time	7:00 AM	8:00 AM	9:00 AM
Awards Time	10:15 AM	10:30 AM	11:00 AM

All athletes should arrive at the race based on their packet pickup time.

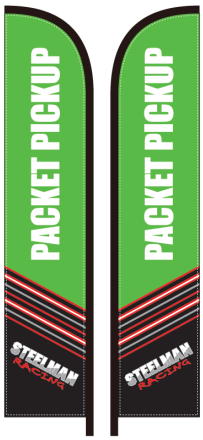
BLUE 70

Discount code: **STEELMAN22** Link to Code - 20% off Blue 70 merchandise

Discount code: **SIGNUPSTEEL22** Link to Code - One time use code for 30% off Blue 70 merchandise

Race Day Procedures

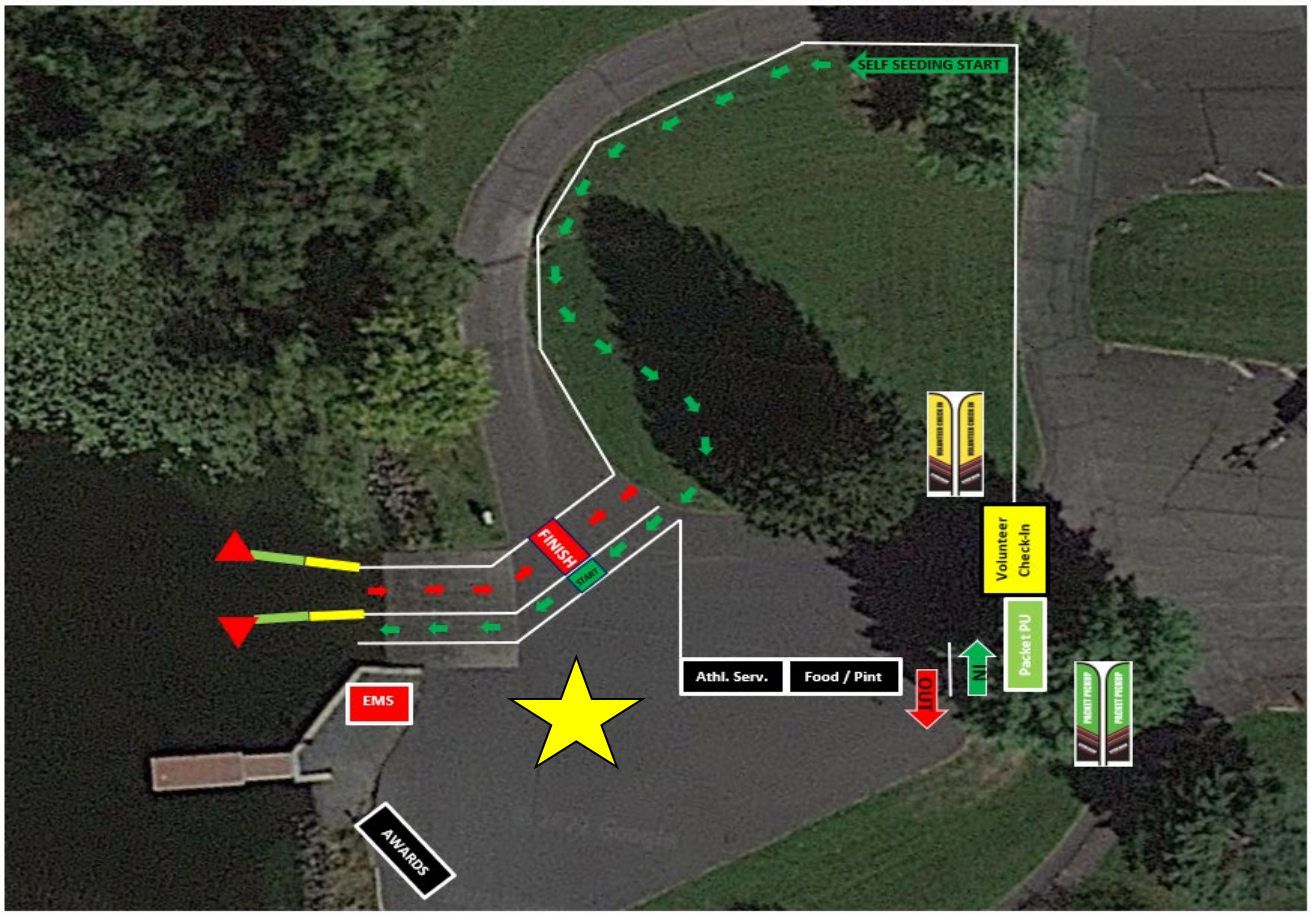
All swimmers will pick up their Race Bag and packets from the Packet Pick-up tent at the race venue (please look for the green flags). All swimmers will receive their swim cap, timing chip, and Steelman Racing Open Water Swimming Towel in their Race Bag. All swimmers need to put their race number on their right hand in black permanent marker (markers will be available at the race). Swimmers will receive their Steelman Racing Open Water Finisher Medal after they finish their race.

Packet Pickup Flags	Race Bag	Race Number on hand
		

When your Bag Drop Time is called over the public announcement system, please come to the Bag Drop Area wearing your timing chip, swim cap, and wetsuit (if you are wearing one). Athletes can store a towel, footwear, and other personal items in their Race Bag, or their own bag, in the Bag Drop Area. After swimmers deposit their Race Bags in the Bag Drop area, they will proceed to the starting chute. At the end of the starting chute, athletes will have their race number recorded and timing chip read before entering the water in a rolling start format. Each swimmer's race starts when he/she crosses over the timing mats before entering the water. A swimmer's race ends when he/she exits the water and crosses over the timing mats again.

After exiting the water and crossing the timing mats, swimmers will be directed to re-enter the Bag Drop Area to collect their Race Bags. Swimmers will get their post-race food and finisher medal before they leave the Bag Drop area. The 3-mile, 2-mile, and 1-mile races will have separate awards ceremonies. Please see Award Times on the Events schedule on the previous page. **Awards will not be mailed to swimmers that do not attend the awards ceremony.** It is critical to the success of the event that all athletes follow the Race Day Procedures to help us hold a safe race. Thank you!

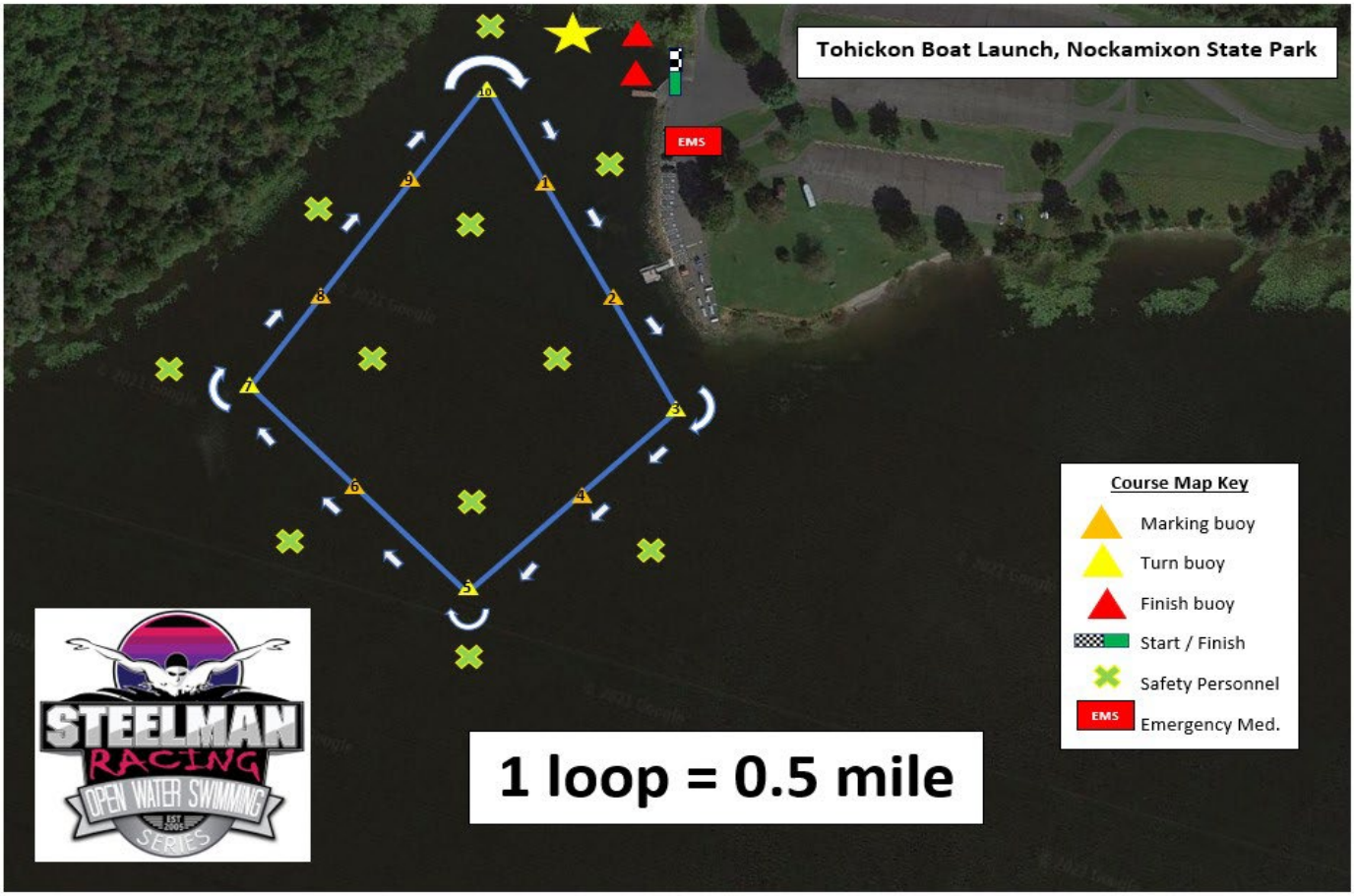
Event Venue



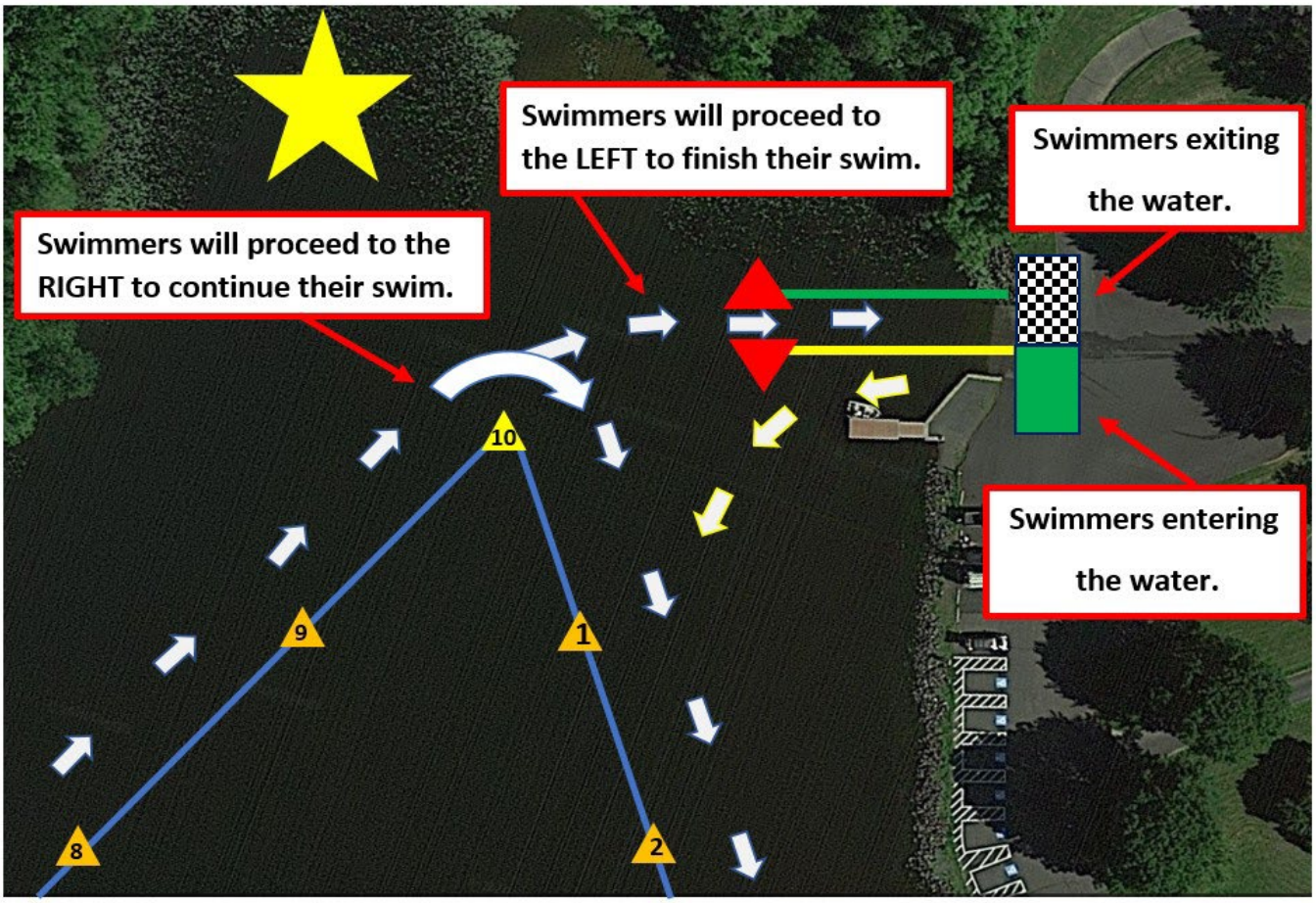
Course Description

The Open Water Classic swim course is a diamond shaped course that is 0.5 mile long. Swimmers completing the 3-mile event will swim the course six times, swimmers completing the 2-mile event will swim the course four times, and swimmers completing the 1-mile event will swim the course two times. Swimmers should count their laps every time they pass the yellow #10 buoy (see the course map below).

tanzi brothers
endurance



Swimmers will enter the water via the boat ramp and swim out toward the first orange buoy (#1). Swimmers will then proceed straight out passing an additional orange buoys (#2) until they reach the first yellow turn buoy (#3). Swimmers will then turn right, pass another orange buoy (#4), and continue to the next yellow buoy (#5) and make another right. Swimmers will then swim proceed by orange buoy (#6), to the third yellow turn buoy (#7). Last, swimmers will go by orange buoys (#8 and #9), and then reach the final yellow turn buoy (#10). Three-mile swimmers will be completing six laps, two-mile swimmers will be completing four laps, and one-mile swimmers will be completing two laps. All swimmers will complete their laps by going around the last yellow turn buoy to restart the course. After completing their final lap, swimmers should swim toward the boat ramp and go between the two 8 foot red buoys to finish their race. All swimmers' times will be taken once they exit the water and cross over the finish timing mat.



Relays

Relay teams swimmers will have **blue** swim caps and share one timing chip per team. Relay teams will be starting their race with Group A. Each relay team will send one swimmer (wearing the timing chip) at a time into the water to start their team's race. When the first swimmer is done their lap of the course, they must exit the water and pass the timing chip to the next relay team member waiting on the boat launch ramp (Do NOT crossover the timing mat). Once the chip has been passed to the next swimmer, he/she may start their lap of the course. This process will be repeated for the third member of the relay team. Finally, when the third member of the team finishes his/her lap of the course, he / she will cross the finish line timing mat to complete their team's race.

Swim Safety Buoys

Athletes are more than welcome to wear swim safety buoys for the swim. Steelman Racing is treating the use of swim safety buoys as an additional safety measure some athletes may choose to use during our swimming events. Our goal is to make our athletes as safe as possible in an open water setting, and the use of swim

buoys can only help promote this high level of safety. If you chose to wear a swim safety buoy, please enter your event at the end of the rolling start line.

Swim Safety

There will be four lifeguards at the Open Water Classic. Lifeguards will be in kayaks and on the shore. There will be a total of 10 kayakers and two patrol boats from Haycock Fire Company in the water to provide additional support for the swimmers. **Any athlete that needs help during the race needs to raise his/her hand to signal a lifeguard or kayaker if one has not already attended to your needs.**

Chamois Butt'r®

Race Results

Swimmers will be able to check their results after they finish their race via a QR code posted at the race venue and at the race timer's tent. **There will be awards ceremonies at this event for each race distance.** The 3-mile race awards will be at approximately 10:15 AM, the 2-mile will be at approximately at 10:45, and the 1-mile awards will be at approximately 11:30 AM. Please listen to announcements during the event for the specific awards times. If a swimmer wins an age group award, they need to be present to receive their award. **AWARDS WILL NOT BE MAILED TO AGE GROUP WINNERS**. Awards will be given out to the top three athletes in each age group below.

Wetsuit Division	
3 Mile	
Male	Female
Top 3	Top 3
19 – under	19 - under
20 – 29	20 – 29
30 – 39	30 – 39
40 – 49	40 – 49
50 – 59	50 – 59
60 – 69	60 – 69
70 +	70 +

No Wetsuit Division	
3 Mile	
Male	Female
Top 3	Top 3
19 – under	19 - under
20 – 29	20 – 29
30 – 39	30 – 39
40 – 49	40 – 49
50 – 59	50 – 59
60 – 69	60 – 69
70 +	70 +

Wetsuit Division	
2 Mile	
Male	Female
Top 3	Top 3
19 – under	19 - under
20 – 29	20 – 29
30 – 39	30 – 39
40 – 49	40 – 49
50 – 59	50 – 59
60 – 69	60 – 69
70 +	70 +

No Wetsuit Division	
2 Mile	
Male	Female
Top 3	Top 3
19 – under	19 - under
20 – 29	20 – 29
30 – 39	30 – 39
40 – 49	40 – 49
50 – 59	50 – 59
60 – 69	60 – 69
70 +	70 +

Wetsuit and No Wetsuit Division	
1 Mile	
Male	Female
Top 3	Top 3
19 - under	19 - under
20 – 29	20 – 29
30 – 39	30 – 39
40 – 49	40 – 49
50 – 59	50 – 59
60 – 69	60 – 69
70 +	70 +

Top Adult Relay Teams		
Top All Male	Top All Female	Top Mixed Relay Team

Top Youth Relay Teams		
Top All Male	Top All Female	Top Mixed Relay Team

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Spectators, Family members and Friends are welcome at this event!

Safety & Security Command Center

Adjacent to the Bag Drop Area, there will be a Command Center with Haycock Fire Company and Steelman Racing staff members. Any safety or medical concerns, athlete or volunteer related, should be brought to this area. For all other concerns, please find a Steelman Racing volunteer wearing a yellow or red shirt.